

BREATHE YOUR CHAKRAS

Melt
Stress!

A TRANSFORMATIONAL BREATH® WORKSHOP

APRIL 23, 2017

10AM -4 PM

Discover How Breath is the Key to Personal Transformation.

This full day workshop includes 2 full facilitated Transformational Breath® sessions as well as a guided Chakra meditation. Learn about the 7 principal chakras, your energy centers.

Experience The Benefits Of A Full, Deep Connected Breath...

Relieve Stress

Heal Relationships

Heal Yourself, Physically, Mentally, Emotionally

Be in the Flow of Your Life, Love and Joy

Deepen Your Spiritual Connection



Grace Bryce, MH, CNHP,
CTBF is a certified
Transformational Breath®
Facilitator, Trainer and
Ordained Minister. Grace is
passionate about helping
people become healthier,
happier and more peaceful
through Transformational
Breath®.

Registration Link & FMI:

<https://goo.gl/bolyfp>

Early Birds (By April 17) **\$99**

Regular Registration **\$125**

Space is limited

Gracie's Garden, LLC

3007 Dawn Drive, Suite 101, Georgetown, TX 512-818-7857 info@graciesgardentx.com
Transformational Breath® is a registered trademark of the Transformational Breath Foundation: www.breathe2000.com